

**Friday, March 5, 2010**

**9:30 A.M. – 3:30 P.M.**

**PREPARING THE GROUND: PRACTICES FOR A FRUITFUL LIFE**

During this Lenten Season of 2010, you are invited to pay attention and to prepare the ground. Drawing from Barbara Brown Taylor's book *An Altar in the World* and Holly Whitcomb's *The Bible and Spiritual Disciplines*, Holly will remind us of those spiritual habits and routines that can sustain us, inspire us, and keep us faithful. Each participant in this retreat will receive a copy of Holly's little book, *The Bible and Spiritual Disciplines* as a gift to take home.

**Our leader: Rev. Holly Whitcomb**, long-time UCC minister, spiritual director, and author.

Kettlewood Retreats invites you to this Lenten day at Cedar Valley. Come join us in the countryside of the Kettle Moraine on 100 spectacular acres (an outdoor labyrinth too!) near West Bend. The noon meal is included.

To register for this retreat, please write a check for \$50.00 to Rev. Holly Whitcomb and send it to: 2095 Elm Tree Ct., Elm Grove, WI 53122. Include your name, address, and phone number(s). Retreats can fill quickly. Please register as soon as you can. Upon receipt of your registration, you will receive a map. For more information, call (262) 784-5593.